



CANE NEWS

Canadian Association of Nurses for the Environment



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VISIT OUR WEBSITE!

<https://cane-aiie.ca/>

It's Earth Month!

We hope you have been celebrating our precious Earth all of this month - at CANE, every day is Earth Day!





Join a CANE Committee!

To fulfill our mission and achieve our objectives, CANE carries out much of our work through our committees. All CANE members are invited and encouraged to participate in the work of our committees.

Join our Education, Public Relations, Environmental Justice and Reconciliation, Membership, Funding or Social Media Advocacy Committee today!

To Join, send a message to the Committee Chair(s) through our CANE contact form:

<https://cane-aiie.ca/who-we-are/#contact>

Join a Committee!



New Funding Committee!

CANE recently created a new Funding Committee with Lindsay Komar and Judith Lapierre acting as Co-Chairs! This committee will be working largely on CANE's charitable status application in the coming months as well as obtaining funding for the organization.

If you are interested in joining the committee please reach out to CANE.

Committee Chairs

Public Relations Committee:

Chair - Jessica Madrid

Education Committee:

Chair - June Kaminski

Environmental Justice and

Reconciliation Committee:

Chairs: Alysha Jones and Julie Aeyelts

Membership Committee:

Chair: Kaila Radan

Funding Committee:

Chairs: Lindsay Komar and Judith Lapierre

Social Media Advocacy Committee:

Chair: Helen Boyd



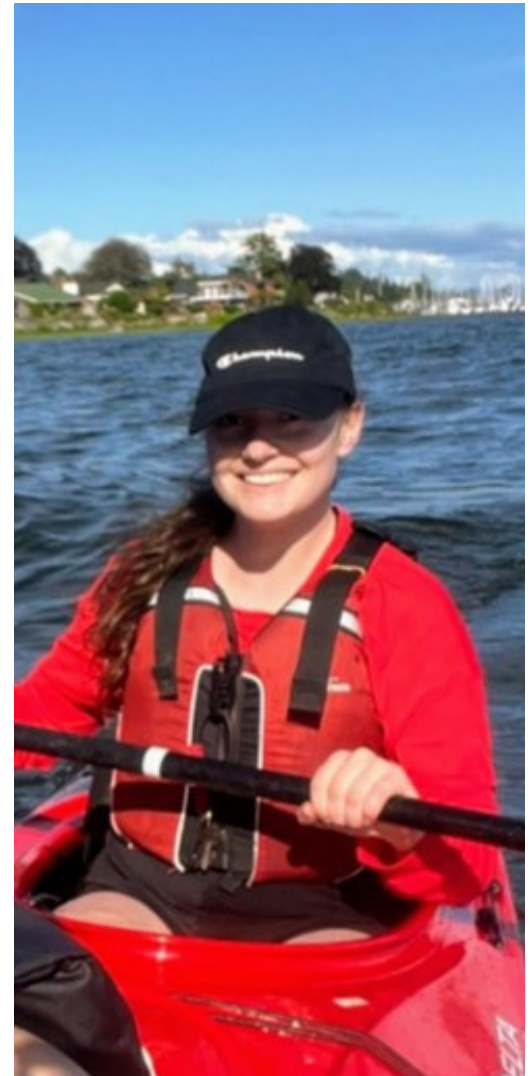
New Social Media Advocacy Committee (SMAC)

We are happy to announce that we are focusing more on spreading the word about CANE on our social media platforms! To that end, Helen Boyd has spearheaded our new SMAC committee. If you are savvy with social media posting and are interested in joining the committee please reach out to CANE.

Why I joined the CANE SMAC Team

by **Claire Fullerton, RN. BScN., CANE BC Member**

As a new graduate nurse with a love and appreciation for nature, I decided to join the Social Media Advocacy Committee (SMAC) of the Canadian Association of Nurses for Health and the Environment (CANE). CANE Nurses can be found in their time off exploring the beautiful outdoor spaces around them and reaping the benefits of nature on our ability to enhance both physical and emotional well-being. As a recent addition to our profession, I witness the overwhelming unintended polluting effects of our healthcare system. Did you know that in Canada, our healthcare system is responsible for 4.6% of our GHG emissions? I feel compelled to help change this by using my skills on social media to help create content to advocate for our planetary health. The climate is now in crisis; with heat domes, we see an increased number of patients in the hospital, lakes are being turned into dumping grounds and higher rates of microplastics and chemicals leaching into the surrounding soil and waters, floods cutting people off from medical care; the effects of climate change are devastating.



The creation of the CANE Social Media Advocacy (SMAC) team is a great fit for me to communicate and advocate my concerns about safeguarding the health of people and the planet. Social media serves an important role in networking and sharing information with nurses across Canada. As stated by Barry & Hardiker (2012) "It is widely recognized that social media can be a powerful tool for communicating, influencing, and educating" (p. 3). Utilizing platforms such as Facebook, Twitter, Instagram and **CANE LinkedIn** allows information about climate change to be shared widely in an accessible way. This means nurses and health care providers, even in remote communities, can be part of our growing community of advocates.

(continued) ➡

Why I joined the CANE SMAC Team (cont.)

by Claire Fullerton, RN. BScN., CANE BC Member

Social Media offers small 'bite size' and consistent education, offers opportunities for questions, and sparks conversations about the climate crisis that fuel our advocacy initiatives. Through **CANE Twitter** we can interact more directly with academics in the field of Planetary Health and gain the attention of both politicians and policymakers to have our nursing voice at the table.



CANE Facebook fosters a community of like-minded nurse champions who can share resources and facilitate webinars on strategies for climate mitigation and adaptation. Instagram provides visually pleasing and memorable infographics in addition to academic article links for those who want further information. Stories on Facebook and **CANE Instagram** are an additional way to highlight information to educate and inspire nurses.

Although many CANE Nurses value screen-free time, social media is key to vast-reaching, accessible, and reliable information. A better-educated population is crucial for advocating for planetary health amongst both our nursing peers and the public.

Come join our team and help amplify the voice of nursing in advocacy!

Contact Helen Boyd CANE BC Rep: cvnhe@telus.net for more information.

Reference

Barry, J., & Hardiker, N. R. (2012). Advancing nursing practice through social media: a global perspective. *Online Journal of Issues in Nursing*, 17(3), 5.

Follow our CANE Social Media Channels

If you haven't yet followed CANE on our social media platforms please do so and remember to spread the word! Please follow us on [Facebook](#), [Twitter](#), [LinkedIn](#), and [Instagram](#) where you can like and share our posts!



CANE-ACIIE Education Committee

Poll for Members

In our recent Membership survey, 60% of respondents identified increased educational opportunities as their number one priority to the question: "what would you like to see CANE prioritize in the future?"

To support this priority, the Education Committee has set up a one question poll for you to complete. This is a multiple choice question with twelve potential topics for you to choose from. Please take five minutes and complete the poll so we can serve you better!



The poll is at: <https://strawpoll.com/polls/e2narD0jwgB>

International Council of Nurses

Conference Session Input Wanted!



A small group of us are presenting the work of CANE in an oral session at the upcoming International Council of Nurses conference in Montreal this July. The session is entitled **CODE RED FOR HUMANITY: NURSING LEADERSHIP FOR PLANETARY HEALTH AT A TIME OF CLIMATE CRISIS**. We are hoping to highlight the work of CANE members across the country as examples of nursing leadership for this presentation, and have prepared a one question survey in order to learn more about the work our members are engaged in. Would you be so kind as to complete the attached survey so that we can give a good portrait of the work that is going on across Canada. Here is a link to the survey.

Survey link:

<https://www.surveymonkey.com/r/9YDB2Y9>

CNA position paper on climate change

We are looking for people who would be interested in working on updating the CNA position paper on climate change (which dates from 2018). The CNA would like to collaborate with us in updating this, and we will be planning a meeting in the next 2 or so weeks.

If you are interested, please reply to with your name and contact information to fiona.hanley@mcgill.ca



Nurses' Week Gifts!



CANE Alberta is working with a Canadian company to develop gift options for Nurses' Week that connect nurses with nature.

We have developed a regionally specific edition seed bomb package. Please check them out, and forward them on to any nursing managers you can think of who might need sustainable Nurses' Week gift ideas.

Editions Available:

- Ontario & Quebec Wildflower Seed Bombs
- Radiating Sunflowers
- Central Alberta - Manitoba
- Newfoundland & Labrador to P.E.I
- Wildflower Seed Bombs
- British Columbia & South Western Alberta
- Seed Bombs

<https://radicalroots.ca/collections/nurses-week>

Dr. Shirley Stinson Research Lecture

The theme of this year's lecture is Planetary Health

The Faculty of Nursing at the University of Alberta would like to invite all nurses to our annual Dr. Shirley Stinson Research Lecture, held virtually on May 3, 2023.

Our keynote speaker is Dr. Barbara Astle, a professor of Nursing at Trinity Western University in Langley, B.C. Dr. Astle is recognized as a leader in planetary health education and research. Her keynote is titled Planetary Health and Sustainability: A Transdisciplinary Approach.

Fiona Hanley and Joanna Law will also highlight the upcoming launch of a Nursing Toolkit for Planetary Health developed in collaboration by the Canadian Association of Nurses for the Environment (CANE) and the Canadian Federation of Nurses Unions (CFNU). The goal of the toolkit is to provide nurses with the resources required to be leaders in healthcare sustainability within three spheres: individual, unit and facility. The toolkit will help nurses influence sustainable changes for individual nurses carrying out daily tasks, for units within a facility and for healthcare facility decision-makers.

When: May 3, 2023 @ 1:30 pm - 2:30 pm MDT

Register here: <https://app.groupize.com/e/shirley-stinson-lecture-2023>



You're invited to the Faculty of Nursing's annual
Dr. Shirley Stinson Research Lecture

Wednesday, May 3rd, 2023 | 1:30 p.m. - 2:30 p.m. MST
Broadcast live via Zoom

Keynote Speaker: Dr. Barbara Astle
Lecture title: Planetary Health and Sustainability: A Transdisciplinary Approach

[CLICK HERE TO REGISTER FOR THE EVENT](https://app.groupize.com/e/shirley-stinson-lecture-2023)



UNIVERSITY OF ALBERTA

Building Resilient Rural Communities

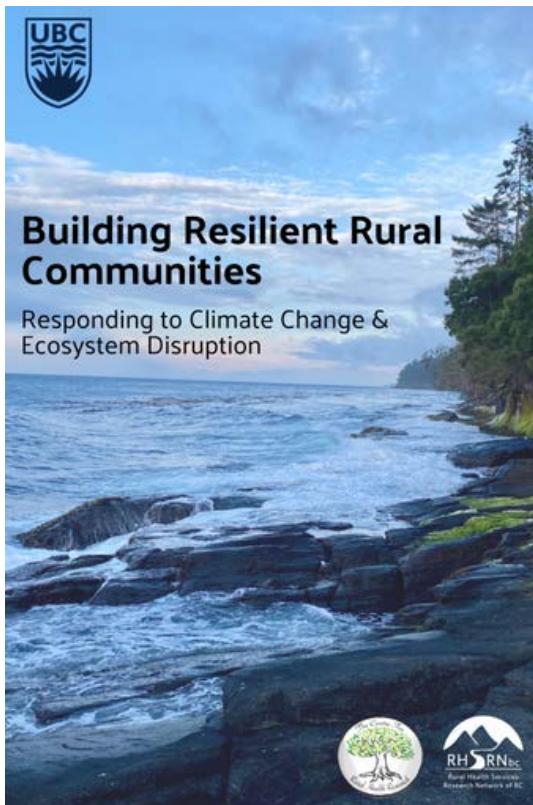
Responding to Climate Change & Ecosystem Disruption

New Open Book from Centre for Rural Health Research & Rural Health Services Research Network of BC

Over the last few years, the RHSRNbc has been creating a learning hub for students, teachers, academics, and advocates seeking action in the face of climate change and ecosystem disruption. Our goal is to outline the realities of climate change in rural Canada, specifically related to community health and health services delivery. However, more importantly, we hope to pave the way forward and inject a sense of optimism into the discourse.

To cultivate an interactive learning hub, we have interwoven a collection of three key elements:

- 1) scholarly writing;
- 2) fictional narrative, and;
- 3) video interviews that will engage students in different forms.



READ BOOK AT

<https://pressbooks.bccampus.ca/ccedarrproject/>

The chapters are as follows:

- Chapter 1: Assessing the Impact of Climate Change in Rural Canada
- Chapter 2: Climate Change Mitigation and Adaptation Strategies
- Chapter 3: Healthy Rural Communities Responding to Climate Change and Ecosystem Disruption
- Chapter 4: Data Transparency to Support Rural Community Sustainability
- Chapter 5: Reconnecting with Nature
- Chapter 6: Behavioural Determinants of Climate Action and Commitment to Collective Change
- Chapter 7: Transformative Resilience
- Chapter 8: Sustainability
- Chapter 9: Youth Engagement in Climate Action
- Chapter 10: The Pathway Forward

The initial chapters explore the 'where are we now', examining the impact of climate change on rural Canadian communities as well as mitigation and adaptation strategies on an international, national, and local scale. The later chapters outline ways in which a new system could be imagined, how rural health services could be improved in order to respond to ecosystem disruptions, and the values that must be prioritized as we transform into a new normal in the face of these challenges.