



RESOURCE LIST

Check out CAPE & CANE's websites using the QR codes or URLs to learn more about our work.

The URL & QR Code below can be used to gain access to a digital version of this page with clickable links as well as digital versions of CAPE BC Flyers



CAPE.ca



cane-aiie.ca



<https://rb.gy/5qxwmo>

CAPE BC Linktree

Learn more about what CAPE BC is doing and discover ways to get involved.

Climate Health Connect Posters

Info to understand health effects of climate change and what you can do to protect yourself and the planet.

Smoke & Your Health

Learn about wildfire smoke events, the effects of wildfire smoke on your health, and how to protect yourself.

PaRx Program

Want to start prescribing or enjoying the health benefits of nature? PaRx is Canada's national, evidence-based nature prescription program.

Good Grief Network

Overwhelmed by the scale of the climate crisis? Learn how to build resilience and reorient your life toward meaningful action.

15 Sustainable Living Tips

You can make a difference whenever you can, with what you have. Start where you are and choose your path with 15 straightforward tips!

52 Climate Action Ideas

Browse a collection of powerful, realistic, and positive climate actions to develop your own personal approach to making a difference.

10 Ways to Slow Climate Change

This quick reference guide breaks down what you can do today to protect the planet for future generations.

Project Drawdown

Dive deeper into learning and avenues for action through the world's leading resource for climate solutions